BETHANY
Lutheran Health Services

SEPTEMBER 2026

NEWSLETTER





FOLLOW US ON TIK TOK!

Give us a follow on TikTok @blhsiowa to keep up with all of the fun we are having at Bethany Lutheran Home and Bethany Heights

CELEBRATING A NATIONAL ACHIEVEMENT

We had the pleasure of celebrating a very special accomplishment at Bethany Heights with our Bronze Award Open House! Bethany Heights was honored to receive the 2026 Bronze – Commitment to Quality Award, recognizing our team's dedication to providing high-quality care and continuously improving the lives of those we serve.

Our open house was a wonderful opportunity to celebrate this achievement with our residents, tenants, families, staff, board members, community partners, and friends of Bethany. We enjoyed delicious refreshments, great conversation, and plenty of smiles as we celebrated the hard work and commitment that made this recognition possible.

We are incredibly grateful to everyone who joined us and continues to support Bethany Lutheran Health Services. This award is a reflection of our entire Bethany community, and we look forward to continuing to grow, improve, and provide exceptional care for years to come!





BETHANY
Lutheran Health Services

SEPTEMBER 2026

WHAT'S BEEN GOING ON AT BETHANY? 📸

There's always something happening around Bethany! From activities and outings to celebrations, special events, and plenty of time spent together, our residents and tenants have been enjoying another busy month.
Here's a little photo recap of what we've been up to lately!







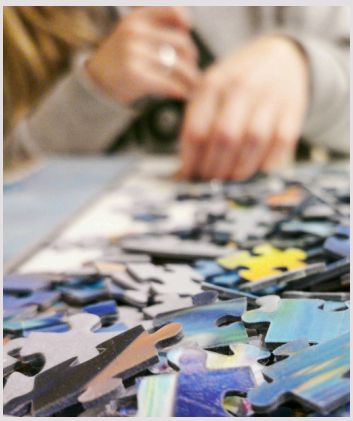



CONNECTING OUR COMMUNITY AT THE SENIOR RESOURCE FAIR

We were proud to help host the Pottawattamie County Senior Resource Fair, bringing together local organizations and community members to connect seniors and families with valuable resources and services.
The event was a great opportunity to connect people with the support they need, share more about what Bethany Lutheran Health Services has to offer, and build relationships with other organizations serving our senior community. We are grateful to all of the vendors, performers, and community members who helped make the event a success!

PUZZLING FOR A PURPOSE

Our puzzle sale was a wonderful success, and we couldn't have done it without the generosity of our community! Thanks to your support, we received more than 200 puzzles to sell, with proceeds benefiting our Creating a Graceful Journey – Compassion Wing Campaign.
We are incredibly grateful to everyone who donated puzzles, stopped by to shop, and helped spread the word. Your support is helping us move closer to creating a dedicated space for compassionate hospice care.
And good news — we'll be hosting another puzzle sale in the near future! Stay tuned for details!



UPCOMING EVENTS

OCTOBER 3RD. 2026
9:30am - 12:00pm
Fall Clean Up Day

OCTOBER 7TH, 2026
12:00pm - 1:00pm
Lunch & Learn

OCTOBER 10TH. 2026
10:00am
Alzheimer's Walk @ IWCC

OCTOBER 30TH. 2026
6:30pm - 7:30pm
Halloween Trick or Treat

Flyers attached

CONTACT US

Bethany Lutheran Home: (712) 328-9500
Bethany Heights: (712) 328-8228
www.blhs.care
info@blhs.care

BETHANY
Lutheran Health Services

CALL FOR VOLUNTEERS

WE NEED YOU—JOIN OUR MISSION TODAY! TOGETHER, WE CAN DO MORE!



Contact Angel or Sarah (712) 328-9500
or activitiesbh@blhs.care

Looking for

Candy Donations

We're collecting candy donations for our annual Community Trick-or-Treat Event! Your donation will help us provide a fun and memorable Halloween experience for local families.

Donations can be dropped off at:

Bethany Lutheran Home
7 Elliott St. Council Bluffs, IA

Bethany Heights Assisted Living
11 Elliott St. Council Bluffs, IA

Accepting donations until October 28th.

BETHANY
Lutheran Health Services



CLEAN UP DAY

Join Us for Clean Up Day! Let's make our community sparkle—volunteer and make a difference.
Lunch Provided!

10.03.2026

9:30AM - 12:00PM

BETHANY LUTHERAN HOME
7 ELLIOTT ST. COUNCIL BLUFFS, IA

BETHANY HEIGHTS ASSISTED LIVING
11 ELLIOTT ST. COUNCIL BLUFFS, IA

LUNCH & LEARN AT BETHANY HEIGHTS

Empowering Your Future with Knowledge & Care



Date: October 7, 2026

Time: 12PM - 1PM

Location:
Bethany Heights
Assisted Living
11 Elliott St
Council Bluffs, IA

Bonus:
All attendees receive a complimentary lunch and a free resource packet!

RSVP by: October 5, 2026
Call: 712-328-8228
Email: activitiesbh@blhs.care

Join us as Mikala Smith, Clinical Manager with Care Initiatives Hospice presents on:

Hospice 101: Understanding the Benefits of Earlier Admission

Discussing the basics of hospice care and how it can support individuals and their families during a difficult time. Learn what hospice really means, who can benefit from hospice services, what support is available, and why considering hospice earlier can provide meaningful benefits for both patients and their loved ones.

BETHANY
Lutheran Health Services

Bethany Lutheran Home: 712.328.9500
Bethany Heights Assisted Living: 712.328.8228

Care Initiatives Hospice

BETHANY
Lutheran Health Services

HALLOWEEN

Trick or Treat





6:30PM - 7:30PM

OCT 30th

Bethany Lutheran Home
7 Elliott St. Council Bluffs, IA

Bethany Heights Assisted Living
11 Elliott St. Council Bluffs, IA