BETHANY
Lutheran Health Services

AUGUST 2026

NEWSLETTER





FOLLOW US ON TIK TOK!

Give us a follow on TikTok @blhsiowa to keep up with all of the fun we are having at Bethany Lutheran Home and Bethany Heights

GIVING BACK TO THOSE WHO SERVED



We were honored to welcome the Miguel Keith Detachment 609 Marine Corps League to Bethany Lutheran Home for a truly special visit.

Our Marine veterans were treated to a heartfelt rendition of the Marine Corps Hymn, led by members of the League, creating a proud and meaningful moment as our veterans joined in singing. The visit was made even more memorable as each of our Marine veterans was presented with a Marine Challenge Coin in recognition of their service and sacrifice.

We extend our sincere gratitude to the Miguel Keith Detachment 609 Marine Corps League for taking the time to honor the men who have served our country so selflessly. Your kindness, patriotism, and dedication to supporting fellow Marines mean more than words can express.

To our Marine veterans—thank you for your courage, commitment, and service. Semper Fidelis!

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BECAUSE OF COMMUNITY, WE CAN!

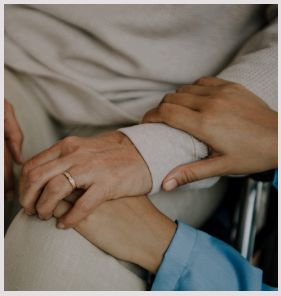




At Bethany Lutheran Health Services, we are incredibly grateful for community partners who go above and beyond to enrich the lives of our residents and tenants. One of those partners is McKenna Murphy with Angels Care Home Health, who continually finds ways to give back to our community.
In July, McKenna joined our Activity Directors, Sarah and Angel, to accompany a group of residents and tenants on a fun outing to the movie theater in Missouri Valley. The group enjoyed watching Toy Story 5, complete with popcorn, laughter, and a relaxing afternoon at the movies.
Experiences like these create lasting memories and help our residents stay connected to the community they call home. We are thankful for partnerships like ours with Angels Care Home Health that make special outings like this possible.

INTRODUCING

CREATING a GRACEFUL JOURNEY
The COMPASSION WING CAMPAIGN
at
BETHANY
Lutheran Health Services




We're continuing to make progress toward our Creating a Graceful Journey Capital Campaign goal, and every contribution brings us one step closer to creating a dedicated hospice care wing for those we serve.
Be on the lookout for upcoming fundraising events and opportunities to support this meaningful project. Whether you attend a fundraiser or make a direct donation, your generosity helps us provide compassionate, dignified care for our community. Thank you for helping us make a lasting difference!

SCAN BELOW TO DONATE

2026 CAPITAL CAMPAIGN
CREATING A GRACEFUL JOURNEY

UPCOMING EVENTS

AUGUST 11TH. 2026
10:00am - 1:00pm
Puzzle Sale

AUGUST 20TH, 2026
4:30pm - 6:30pm
Bronze Award Open House

SEPTEMBER 2ND. 2026
12:00pm - 1:00pm
Lunch & Learn

SEPTEMBER 3RD. 2026
9:00am - 12:00pm
Lunch & Learn

Flyers attached

CONTACT US

Bethany Lutheran Home: (712) 328-9500
Bethany Heights: (712) 328-8228
www.blhs.care
info@blhs.care

BETHANY
Lutheran Health Services

CALL FOR VOLUNTEERS

WE NEED YOU—JOIN OUR MISSION TODAY! TOGETHER, WE CAN DO MORE!



Contact Angel or Sarah (712) 328-9500
or activitiesbh@blhs.care

BETHANY
Lutheran Health Services

HELP US BUILD A GRACEFUL JOURNEY

PUZZLE SALE

BETHANY LUTHERAN HEALTH SERVICES HAS COLLECTED NEW AND GENTLY USED PUZZLES FOR PUZZLE SALE FUNDRAISER BENEFITING OUR CREATING A GRACEFUL JOURNEY CAPITAL CAMPAIGN, WHICH WILL HELP CREATE A DEDICATED HOSPICE WING DESIGNED TO PROVIDE COMFORT, DIGNITY, AND PEACE FOR RESIDENTS AND THEIR FAMILIES.

AUGUST 11TH, 2026

10:00AM - 1:00PM

11 ELLIOTT ST. COUNCIL BLUFFS, IA 51503

ALL PUZZLES RANGE $2.00-$5.00



EVERY PUZZLE DONATED HELPS US CREATE A MORE COMPASSIONATE HOSPICE EXPERIENCE FOR THOSE WE SERVE.



JOIN US TO CELEBRATE

BETHANY HEIGHTS ASSISTED LIVING

Bronze Award

WHEN: August 20th, 2026
4:30 - 6:30PM
WHERE: Bethany Heights Assisted Living
11 Elliott St. Council Bluffs, IA 51503

JOIN US AS WE CELEBRATE BETHANY HEIGHTS ACHIEVEMENT OF THE BRONZE NATIONAL QUALITY AWARD! HORS D'OEUVRES AND REFRESHEMENTS WHILE MEETING THE DEDICATED TEAM WHO MAKE BETHANY HEIGHTS SO SPECIAL.

BETHANY
Lutheran Health Services

LUNCH & LEARN AT BETHANY HEIGHTS

Empowering Your Future with Knowledge & Care



Date: September 2nd, 2026

Time: 12PM - 1PM

Location:
Bethany Heights
Assisted Living
11 Elliott St
Council Bluffs, IA

Bonus:
All attendees receive a complimentary lunch and a free resource packet!

RSVP by: August 3rd, 2026
Call: 712-328-8228
Email: activitiesbh@blhs.care

Join us as Jessica Duncan, Certified Dementia Practitioner with Angels Care Home Health on:

Walk in Their Shoes: Dementia Simulation & Education

Step into the world of dementia through an interactive simulation and educational presentation. Gain a deeper understanding of the daily challenges individuals living with dementia face, learn effective communication strategies, and discover ways to provide compassionate, person-centered support. Whether you're caring for a loved one or simply want to learn more, this experience will leave you with greater empathy, insight, and practical knowledge.

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Bethany Lutheran Home: 712.328.9500
Bethany Heights Assisted Living: 712.328.8228

Angels
Care Home Health

POTTAWATTAMIE COUNTY

SENIOR RESOURCE FAIR

SPONSORED BY: BETHANY Lutheran Health Services · Assisted Living Locators Your local senior living advisor · Care Initiatives Hospice



RESOURCES . SUPPORT . COMMUNITY

Join us for the County Senior Resource Fair! Explore valuable resources, services, and programs designed to support older adults, caregivers, and families. Meet local providers, gather information, ask questions, and discover tools to help you age well and stay connected in our community.

9:00am - 12:00pm
3rd September, 2026

St. John Lutheran Church
633 Willow St. Council Bluffs, IA

Contact us for more information
712-256-7802 or mkt@blhs.care

FREE ENTRY!

Benefit :

- Connect with Local Experts
- Discover Available Experts
- Get Your Questions Answered
- Plan for the Future
- Build Community Connections

Vendor Cost: $20 all proceeds go to the Alzheimer's Association