



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 No Church Bus 7 Finance Week 1:00-Cards-Self Lead (GR) 1:30-Ice Cream Social	9:30-Exercise (CR) 1 10:00-Walking Club 10:30-Tenant Council Meeting (CR) 2:00-BINGO (DR) 3:30-July Calendar Planning (CR)	9:30-Exercise (CR) 2 10:30-Craft-Bee Wind chimes (CR) 1:30-Country Drive Manawa/Ice Cream \$6.00 3:30-5 Crowns (GR)	8:30-Vitals W/Shelly Hill Crest 3 (GR) 9:30-Exercise (CR) 10:00-HomeBound Deliveries 10:30-Bible Study W/Ken (GR) 12:00-Lunch & Learn-Jenny Ed (CR) 2:00-BINGO (DR) 3:30-Bill Chastil (DR)	National Cheese Day 4 9:30-Exercise (CR) 10:30-Shuffleboard (CR) 11:00-Pizza Counter \$15 Dine In (GR) 12:00-Trivia (GR) 3:30-Bunco (GR)	National Donut Day 5 9:30-Exercise (CR) 10:00-Star Wars Movie \$5-Picnic at Park Sack Lunch 11:00-Chair Soccer W/balloons (CR) 1:00-Communion W/Ken 2:00-Manicures (CR) 3:30-Happy Hour	9:00-Exercise (CR) 6 1:00-Cards-Self Lead (GR) (GR)
 No Church Bus 14 CNA Week 1:00-Cards-Self Lead (GR) Super Hero Day	9:00-Father's Day 15 Breakfast (CR) 9:30-Exercise (CR) 10:30-Walking Club 2:00-Bingo (DR) 3:30-5 Crowns (GR) Wacky Socks Day	9:30-Exercise (CR) 16 10:30-Shuffleboard (CR) 1:00-Country Drive- Welcome Center Missouri Valley, Iowa/ Dairy Den \$6 3:30-Bunco (GR) Beach Dress Up Day	National Eat Your Veggies 7 Day 9:30-Exercise (CR) 10:30-Walking Club 10:30-Bible Study W/Ken (GR) 11:00-Rummy (CR) 2:00-BINGO (DR) 3:30-July Calendar Review (CR) Casual Dress Up Day	9:30-Exercise (CR) 18 10:30-Bunco-(GR) 11:00-Panera Bread \$15 Dine In (GR) 12:00-Trivia (GR) 1:30-Communion (GR) 2:00-Johnny Ray (DR) 3:30-Farkle (GR)	Juneteenth 19 9:30-Exercise (CR) 10:30-Walking Club 11:00-Yard Yathzee-Patio 1:00-Communion W/Ken 2:00-Manicures (CR) 3:30-Happy Hour <small>Juneteenth</small>	9:00-Exercise (CR) 20 1:00-Cards-Self Lead (GR) (GR)
<small>Flag Day (U.S.)</small> No Church Bus 21 Happy Father's Day 1:00-Cards-Self Lead (GR)	9:30-Exercise (CR) 22 10:00-LINKS-Activities (CR) 10:30-Walking Club 2:00-Bingo (DR) 3:30-5 Crowns (GR)	9:30-Exercise (CR) 23 9:30-Hy-Vee 10:30-Balloon Volleyball (CR) (Self Lead) 11:30-Hy-Vee Chinese \$15 3:30-Shuffleboard (CR)	9:30-Exercise (CR) 24 10:30-Walking Club 11:00-Corn Hole (CR) 2:00-BINGO (DR) 3:00-June Birthday Party W/Care Initiatives Hospice (CR)	Global Beatles Day 25 9:30-Exercise (CR) 10:30-Beatles Trivia (GR) 2:00-Gifford Farm Tour 3:30-Yard Yathzee/Bunco-Patio	9:30-Exercise (CR) 26 10:30-Walking Club 10:30-Horse Ranch 2:00-BINGO (DR) 3:30-Happy Hour	9:00-Exercise (CR) 27 1:00-Cards-Self Lead (GR)
No Church Bus 28 1:00-Cards-Self Lead (GR)	9:30-Exercise (CR) 29 10:30-Walking Club 11:00-Balloon Tennis (CR) 2:00-Bingo (DR) 3:30-Farkle (GR)	9:30-Exercise (CR) 30 10:30-Rummy (GR) 1:30-Billy Troy (DR) 3:30-Bunco (GR)				

June 2026

Bethany Heights



Visitor programs are highlighted in **Yellow**. Outings are in **Red**. Eat out lunches are highlighted in **Gray**. Dine-in lunches are highlighted in **Blue**. National Days are in **Green**. For those who wish to participate, sign-up sheets are located on the first-floor bulletin board.