

# NEWSLETTER



## MESSAGE FROM THE ADMINISTRATOR

As we welcome June, I want to thank everyone across Bethany Lutheran Health Services—our residents, families, staff, volunteers, and supporters—for the care, compassion, and dedication you bring to our community each day. We are grateful for all you do to make Bethany a place of warmth and connection.

*-Chandra Gustafson*

## BECAUSE OF YOU...



Because of you, our annual Community Ice Cream Social was a wonderful success! Residents, families, volunteers, and community members came together for an afternoon filled with laughter, connection, and sweet treats. Our Auxiliary Board worked hard to organize this special event, and dedicated volunteers generously donated their time and talents to serve delicious homemade cakes and ice cream. Most importantly, our residents thoroughly enjoyed spending time with friends and neighbors. Thank you for helping make events like this possible and for creating meaningful moments that bring joy to those we serve.

## AND THE WINNER IS...

Our recent fundraiser for Creating a Graceful Journey was a tail-wagging success! Bethany's Cutest Pet Contest brought together pet lovers from across our community, with 10 adorable pets entered into the competition. Through generous donations and enthusiastic voting, we were able to raise funds to support the meaningful work of Creating a Graceful Journey.

We are grateful to everyone who participated, voted, and donated to this special cause. After a close competition, Rooster earned the most votes and was officially crowned Bethany's Cutest Pet! Congratulations to Rooster and thank you to all of our pet contestants for making this fundraiser such a fun and memorable event.

Your support helps make a difference, and we appreciate everyone who contributed to the success of this fundraiser.



## COMMITTED TO QUALITY: A PROUD ACHEIVEMENT

We are proud to announce that Bethany Heights Assisted Living has been recognized with the 2026 Iowa Bronze – Commitment to Quality Award. This achievement reflects our ongoing dedication to providing the highest quality care, services, and support to every tenant who calls Bethany Heights home.

We are incredibly grateful for this recognition and for the trust that our tenants and families place in us each day. This award would not be possible without our compassionate, dedicated, and hardworking staff members who consistently go above and beyond to enrich the lives of those we serve. Their commitment to excellence, kindness, and person-centered care is what makes Bethany Heights such a special community.

As we celebrate this milestone, we remain committed to continually growing, improving, and providing exceptional care for all who live here.

## UPCOMING EVENTS

**JUNE 15TH, 2026**  
9:30am - 11:30am

Father's Day Breakfast

**JUNE 30<sup>TH</sup>, 2026**  
4:00pm - 6:00pm

Farmer's Market Tote  
Painting

**JULY 1<sup>ST</sup>, 2026**  
12:00pm - 1:00pm

Lunch & Learn

\*\*Flyers attached\*\*

**CONTACT  
US**



Bethany Lutheran Home: (712) 328-9500  
Bethany Heights: (712) 328-8228  
[www.blhs.care](http://www.blhs.care)  
[info@blhs.care](mailto:info@blhs.care)

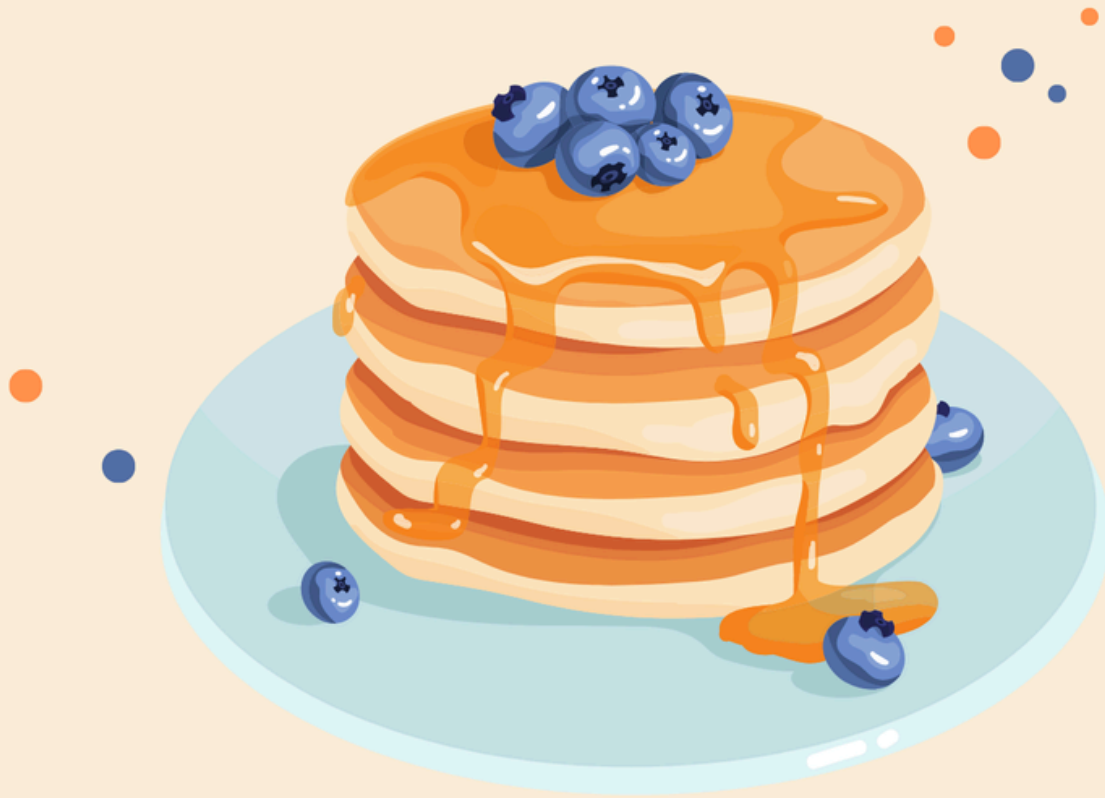
# CALL FOR VOLUNTEERS

WE NEED YOU—JOIN OUR  
MISSION TODAY! TOGETHER,  
WE CAN DO MORE!



Contact Angel or Sarah (712) 328-9500  
or [activitiesbh@blhs.care](mailto:activitiesbh@blhs.care)

JOIN US FOR  
**FATHER'S DAY  
PANCAKE  
BREAKFAST**



JUNE 15<sup>TH</sup>, 2026 | 9:00AM - 11:00AM

11 ELLIOTT ST. COUNCIL BLUFFS, IA 51503

RSVP TO MCKENNA AT (712) 256-7802

KIDS & GRANDKIDS ARE WELCOME & ENCOURAGED TO COME!

**READY, SET ... FLIP!**

Join Us!

# Farmers Market Tote Painting



🎨 No painting experience needed

🍴 All supplies provided

🍊 Light refreshments served

🌸 Open to the community

**June 30, 2026**

**4:00 pm - 6:00 pm**

11 Elliott St.

Council Bluffs, IA 51503

RSVP to McKenna

712-256-7802

[mkt@blhs.care](mailto:mkt@blhs.care)

# LUNCH & LEARN AT BETHANY HEIGHTS

**Empowering Your Future with Knowledge & Care**



**Date:** July 1st, 2026

**Time:** 12PM - 1PM

**Location:**

Bethany Heights  
Assisted Living  
11 Elliott St  
Council Bluffs, IA

**Bonus:**

All attendees receive a complimentary lunch and a free resource packet!

**RSVP by:** June 29th, 2026

**Call:** 712-328-8228

**Email:** [activitiesbh@blhs.care](mailto:activitiesbh@blhs.care)

Join us as Tasha Jones, Connections Area Agency on Aging presents on:

**Aging with Confidence: Financial Protection and Long-Term Planning and Support**

Join us for an informative discussion on planning for the future with confidence. Learn the importance of establishing a Power of Attorney (POA), protecting yourself from common scams targeting older adults, and exploring caregiving resources and support options available to individuals and families. Gain practical knowledge to help safeguard your wishes, finances, and well-being.



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Bethany Heights Assisted Living: 712.328.8228

