

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## Bethany Home Health Services



10:00-Range Of Motion Exercise  
 10:45-Beach Ball Hockey  
 1:30-Walking Club  
 2:30-Outdoor Time

May Day

2  
 10:00-Morning Stretches  
 10:45-Yahtzee Dice Game  
 1:30-One On One Visits  
 2:30-Table Bowling

3  
  
 9:00- Catholic Communion in Room W/ Lyn Bowers  
 4:00- Worship Service W/ St. Paul's

4  
 10:00- Music & Movement Exercise  
 10:45-Uno Card Game  
 1:30-Dancing with The Stars  
 2:30-Craft Time

5  
**9:30-Walmart Shopping(Sign Up At Front Desk)**  
 10:00-Bucket Ball  
 10:45-Outdoor Time (Weather Pending)  
**11:00- Garcia's Lunch Outing (Sign Up At Front Desk)**  
 1:30-Cinco de Mayo social  
 2:30-Monthly Birthday Party W/ Our Savior's

Cinco de Mayo

6  
**National Nurse Week**  
 10:00- Table Tennis  
 10:45-Hangman Game  
 1:30-Activity Calendar Planning for June  
 2:30-Bingo

7  
**National Nurse Week**  
 10:00-Kickball Exercises  
 10:45-Bible Study  
 1:30-Communion Service w/ Pastor Ken  
 2:30-Merry Makers Presents Dave Berman  
 6:30- Memory Game

8  
**National Nurse Week**  
 10:00-Balloon Volleyball  
 10:45-Planting Flowers  
 1:30-Walking Club  
 2:30-Mother's Day Photo Booth

9  
**National Nurse Week**  
**9:00-12:00- Council Bluffs Parade (Sign Up At Front Desk)**  
 10:00-Ring Toss  
 10:45-You Blew It Dice Game  
 1:30-Name That Tune  
 2:30-Mother's Day Social

10  
**National Nurse Week**  
  
 9:30- Mother's Day Surprise  
 4:00- Worship Service w/ St. Paul's C.B.  
 Mother's Day  
 National Skilled Nursing Care Week

11  
**National Nurse Weeks**  
**National Nursing Home Week**  
**Moments In Bloom**  
 10:00-The Bucket Train  
 10:45-Rest and Refreshments  
 1:30-Walking Club  
 2:30-Spring Jingo

12  
**National Nurse Week**  
**National Nursing Home Week**  
**Moments In Bloom**  
 10:00-Chicken Soup for The Soul  
 10:45-Ring Fishing Game  
 1:30-Sing A Long  
**1:30-Country Drive (Sign Up AT Front Desk)**  
 2:30-Scavenger Hunt: Finding Symbols of Spring

13  
**National Nursing Home Week**  
**Moments In Bloom**  
 10:00-Bean Bag Kick Game  
 10:45-Memory Wall: Photos or Written Stories Shared by Staff And Residents  
 1:30-Brain Games  
 2:30-Bingo W/ Our Savior's

14  
**National Nursing Home Week**  
**Moments In Bloom**  
 10:00-Relaxation Station: Placing Lotion, Back Massages, And Tea  
 10:45-Rosary Service  
 1:30-Communion Service W/ Pastor Ken  
 2:30-Quartet Performance

15  
**National Nursing Home Week**  
**Moments In Bloom**  
 10:00-Spoon Balance Game  
 10:45-Outdoor Time-Lower Courtyard  
 1:30-Trivia Time  
 2:30-Flower Suncatchers

16  
 10:00-Morning Stretches  
 10:45-Headbands Game  
 1:30-Word Search Race  
 2:30-Target Practice

Armed Forces Day

17  
  
 9:00- Catholic Communion In Room w/ Lyn Bowers  
 4:00-Worship Service w/St. Paul's C.B.

18  
 10:00-Balloon Volleyball  
 10:45-Balloon Tic Tac Toe  
 1:30-Sing A Long W/ Dr. Christensen  
 2:30-Movie Time

Victoria Day (Canada)

19  
**9:30- Super Saver- Shopping (Sign Up at Front Desk)**  
 10:00-Tai Chi Exercise  
 10:45-Balloon Challenge  
**11:30- Lunch Outing Applebee's (Sign Up at Front Desk)**  
 1:30-Brain Games  
 2:30-Classic Movie Time  
 6:30-Bowling


20  
 10:00- Range Of Motion Exercise  
 10:45-Water Target Practice  
 1:30-Walking Club  
 2:30-Bingo

21  
 10:00-Morning Stretches  
 10:45-Bible Study  
 1:30-Communion Service W/ Pastor Ken  
 2:30-Manicures

Shavuot Begins

22  
 10:00-Coffee/Reminisce  
 10:45-Solo Cup Team Game  
 1:30-Walking Club  
 2:30-Bingo

23  
 10:00-Music & Movement Exercise  
 10:45-Checkers  
 1:30-In Room Visits  
 2:30-Art/Painting Time

24  
  
 4:00- Worship Service w/ St. Paul's Council Bluffs C.B.

25  
 10:00-Catholic Mass  
 10:45-Ring Toss  
 1:30-Sensory Time  
 2:30-Memorial Day Social

Memorial Day


26  
 10:00-Reading Time  
 10:45-Cone Keep Away Game  
 1:30-Showtime: I Love Lucy  
**1:30-Country Drive (Sign Up At Front Desk)**  
 2:30-Gardening/Outdoor Time

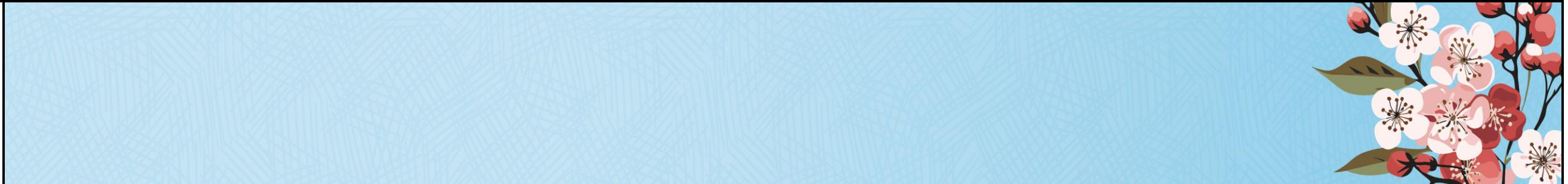
27  
 10:00-Reading Time  
 10:45-Plunger Skee-ball  
 1:30-Travel Log: England  
 2:30-Bingo W/ Our Savior's

28  
 10:00-Morning Stretches  
 10:45-Rosary Service  
 1:30-Communion Service  
 2:30-Egg Crate Pong  
 6:30-Scrabble Game

29  
 10:00-Current Events  
 10:45-Granny Pants Game  
 1:30-Trivia Time  
 2:30-Bingo

30  
 10:00-Range Of Motion Exercises  
 10:45-Kings In the Corner Card Game  
 1:30-Trivia Time  
 2:30-Dominos

31  
  
 4:00- Worship Service w/ Pastor Clark Timothy Lutheran



All Activities Are Subject To Change At Anytime. Please Refer To The Daily Chronicle For Update Activities.

